

**Chartwells School Dining Services
Marcellus Community Schools
May 2010
Volinia Lunch Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Balanced Choices Meal: spaghetti or Cheesy Macaroni & Dinner Roll Seasoned Carrots Fresh Apple Food Bar Choice of Milk	4 Sloppy Joe or Chicken Rings Peas Applesauce Fresh Fruits and Vegetables Food Bar Choice of Milk	5 Bacon Cheeseburger Foot Long Hot Dog Potato Wedges Fresh Fruits and Vegetables Food Bar Fruit Choice of Milk	6 Bosco Sticks Green Beans Fresh Fruits and Vegetables Food Bar Choice of Milk	7 Balanced Choices Meal: Chicken Nuggets Pepperoni Pizza Corn Pears Food Bar Choice of Milk
10 Salisbury Steak or Hamburger on a Bun Mashed Potatoes Fresh Apple Food Bar Choice of Milk	11 Baked Ziti or Chicken Fries Green Beans Applesauce Fresh Fruits and Vegetables Food Bar Choice of Milk	12 Bacon Cheeseburger Soft Shell Tacos Corn Pears Food Bar Choice of Milk	13 Corndog or Chicken Legs Broccoli Fresh Fruits and Vegetables Food Bar Fruit Choice of Milk	14 Balanced Choices Meal: Chicken Patty Pepperoni Pizza Corn Pears Food Bar Choice of Milk
17 Spaghetti or Corn Dog on a Stick Green Beans Food Bar Fruit Choice of Milk	18 Chicken Parmesan or Walking Taco Corn Orange Wedges Food Bar Choice of Milk	19 Balanced Choices Meal: Cheeseburger or Cheesy Macaroni & Dinner Roll Seasoned Carrots Fresh Apple Food Bar Choice of Milk	20 Turkey Cheese Wrap or Baked Breaded Chicken Nuggets Seasoned Broccoli Peaches Food Bar Choice of Milk	21 Balanced Choices Meal: Fish Sandwich or Pepperoni Pizza Corn Pears Food Bar Choice of Milk
24 Balanced Choices Meal: Chicken Broccoli Alfredo or Sloppy Joe on a Bun Seasoned Peas Peaches Food Bar Choice of Milk	25 BBQ Rib or Nachos* w/ Meat, Cheese Mexican Rice Mixed Fruit Food Bar Choice of Milk	26 Bacon Cheeseburger Hot Dog on a Bun Potato Wedges Food Bar Fruit Choice of Milk	27 Chicken Parmesan Wrap or Chicken Fries Green Beans Food Bar Fruit Choice of Milk	28 Balanced Choices Meal: Chicken Fajita or Pepperoni Pizza Corn Pears Food Bar Choice of Milk
31 No School Today! Lunch: \$2.00 Reduced: \$.40 Breakfast: \$1.00 Reduced: \$.30	1 Chicken Rings Dinner Roll Carrots Fruit Food Bar Choice of Milk	2 Mini Corn Dogs Green Beans Fruit Food Bar Choice of Milk	3 Balanced Choices Meal: Pepperoni Pizza Corn Pears Food Bar Choice of Milk	4 Last Day of School ½ Day Stop in for Breakfast!!! No Lunch Today!!!! Enjoy your summer vacation!!

*This menu item is made with whole grain.

Daily Milk Choices Include: Skim White, Low Fat White, Low Fat Chocolate, and Low Fat Strawberry
Menu Questions or Comments? **Please contact Diane Northrup, 869-3421**

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.



Go to MyPyramid.gov for online personal wellness resources for you and your family